



Medication Management Services FAQ

Who are Medication Management Services?

- Medication management services are mental health related services that focus on supporting your mental health needs via the use of medications.
- Medication services are not considered a “solution” by themselves and often times individuals are encouraged to seek the support of a mental health provider in addition to receiving medication.

Who is eligible?

- Peak’s Medication Management team serves individuals 6 years of age and up.
- Individuals who are seeking additional support in managing their mental health symptoms by the use of medication.

I have a psychiatrist/ medication provider, can I switch my services over to Peak?

- Depending on the current medications being prescribed, mental health history and current mental health status, patients often have the option of changing providers.
- To ensure there is not a lapse in services, it is recommended to schedule an appointment to discuss your options before discontinuing services with your current provider.

What can I expect?

- Before your first appointment you will fill out intake paperwork that asks about your mental health history and current mental health symptoms.

- You will meet with your medication provider to discuss your current mental health symptoms to determine the best course of care for your needs. Together, you and your medication provider will discuss various therapies including but not limited to medication, talk therapy, etc.
- If it has been determined you will be prescribed medication, you can expect to meet with your provider as often as they recommend for refills of your prescription with appointments usually not lasting longer than 20 minutes in length.

What are the benefits?

- Medication has been shown to support mental health symptoms that are complex to manage with talk therapies alone.
- You will get a better understanding of your mental health symptoms and how to manage your mental wellness via medication.
- You be empowered by establishing and maintaining mental wellness.

Questions or Concerns? Please call 651-493-2055